

*HELP Family Service Centre
is organizing
Parenting Workshop on 'Effective Parenting after Divorce'*

About HELP Family Service Centre

HELP (Help Every Lone Parent) Family Service Centre, affiliated to National Council of Social Service, is a voluntary welfare organisation specially helping single-parent families.

About the Workshop

Divorce is a time of change and adjustments. Many parents find it challenging to tide over from dual parenting to single parenting, balancing the roles of a provider as well as attending to the emotional and physical needs of their children. This workshop aims to equip parents with skills to effectively deal with issues of single parenting and also to help single parents gain awareness of their grief and how it may affect parenting.

Workshop Information

Date : 3/9/2010 - 24/9/2010 (every Friday, for 4 sessions)
Time : 7.30pm – 9.30pm
Venue : HELP Family Service Centre
Blk 570, Ang Mo Kio Ave 3 #01-3317 S560570
Language : English
Fees : \$20 per participant

Who should attend

This workshop is open to single parents, who may have initiated divorce, recently divorced or divorced for over a few years.

For further enquires, please contact Sock Hwee or Saradha at 64575188.

Registration Form

Name : _____
Address : _____
Contact No. : _____ (H) _____ (O) _____ (Mobile)
Email Add. : _____

Registration is on first-come-first-served basis, confirmed upon receipt of registration form and fee.

Cheque should be crossed and made payable to 'HELP Family Service Centre'.

Please mail the completed registration form & cheque payment to:

**HELP Family Service Centre
Blk 570, Ang Mo Kio Ave 3 #01-3317 Singapore 560570**