

**Kids' Skills Training:  
Playful And Practical Solution  
Finding With Children**



**Date:** 18 – 19 March 2010 (Thursday & Friday)

**Time:** 9.30am – 5.30pm

**Venue:** HELP Family Service Centre

Blk 570, Ang Mo Kio Ave 3

#01-3317 Singapore 560570

Phone: +65 64575188 Fax: +65 64575343

Website: [www.helpfsc.org.sg](http://www.helpfsc.org.sg)

**Workshop Fee (per person)**

**Standard Registration:** S\$ 300.00

**(With 80% funding from VCF):** S\$ 60.00

## What is Kids' Skills?

The Kid's Skills Program was co-developed by renowned Psychiatrist, Psychotherapist, author and co-Director of the Helsinki Brief Therapy Institute, **Dr. Ben Furman**. Kid's Skills is a Solution Focused approach of removing problems by advocating learning of skills in a playful and practical way. It is a step-by-step process of assisting kids and youth to become more self-motivated and responsible of the skills they should learn. This can be applied in the children and youth ranging from ages 4 to 16 and can be used in schools, homes, kindergartens, special schools and institutions and has been successfully used places like Finland, Sweden Great Britain, Australia, Germany, Iran and many other parts of Europe.

Singapore will be the first country in Asia to launch this programme through Brief Academy in collaboration with HELP Family Service Centre.

## Course Content

*In this wonderful workshop you will learn to:*

- Understand the benefits of applying concepts and learn the attitudes and tools of Solution Focus to facilitate positive changes by highlighting strengths and encouraging in a subtle and sincere way.
- Learn the simple to use and easy to apply 15 steps to use implement and apply Kid's Skills in a fun and effective way to combat problems.
- Build interest and enthusiasm in children, youths and students more effectively while sustaining motivation from within and to fire up commitment to facilitate personal growth and improvement
- Use the strength based approach, past successes and positive environment from supporters to engage children, youths and students to learn more.
- Summarising key learning points of the workshop and to help create an action plan for immediate implementation back at home, school or institution.

## Kids' Skills Trainer

**Mr Edwin Tan** is a social worker and counselor in private practice. He has been appointed by Dr Ben Furman (developer of Kids Skills) as the sole Kids' Skills Trainer in Singapore. He has a Masters of Social Science in Counselling with the Edith Cowan University of Australia as well as a Postgraduate Diploma in Solution-Focused Brief Therapy (SFBT). He is the Approved Supervisor with the Canadian Council of Professional Certification and has been using SFBT ideas over the last 10 years with families, couples, adolescents, children and organisations. He has also trained teachers in using Solution Focused ideas in the classroom context – working on what works and worked with school counsellors to use Kids Skills strategies with students and children.



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## Target Audience

Social worker, counsellor, psychologist, psychiatrist, pastoral care staff, school counsellor, children and youth worker, religious worker, probation officer, professional working with children with special needs and teacher.

Closing Date: 12<sup>th</sup> March 2010

Registration is on first-come-first-serve basis. To avoid disappointment, do register and make payment early.

For further enquires, you may contact Saradha or Nellie at 64575188 for more information.

## Kids' Skills Training Registration

Name : \_\_\_\_\_

NRIC No: \_\_\_\_\_

Nationality: \_\_\_\_\_

Agency/School : \_\_\_\_\_

Designation : \_\_\_\_\_

Address : \_\_\_\_\_

Contact No: \_\_\_\_\_

Email address : \_\_\_\_\_

Standard Registration \$300

NCSS Affiliates – 80% VCF \$60

VCF Approved No. \_\_\_\_\_

Please mail completed registration form, together with a crossed cheque made payable to 'Brief Academy Pte Ltd' to

HELP Family Service Centre  
Blk 570, Ang Mo Kio Ave 3 #01-3317 S560570